

# ***Excel Test Zone***

*Get the Results You Want!*

# **NAPLAN\*-style**

YEAR  
**5**

# SAMPLE TEST

# **READING MAGAZINE**



\* This is not an officially endorsed publication of the NAPLAN program and is produced by Pascal Press independently of Australian governments.



# *Healthy food builds healthy bodies*



To eat a healthy, balanced diet we should choose a variety of the following foods each day. These provide plenty of fibre and are low in sugar, salt and fat.

- Fresh fruit
- Fresh vegetables
- Sprouts, nuts and seeds
- Soya beans and lentils
- Cereals and wholegrain products including bread, rice and pasta
- Dairy products like milk, cheese and yoghurt
- Eggs (preferably free-range)
- Cold-pressed oils, spreadable fats like unsalted butter

Only eat meat, fish and poultry occasionally.

Chewing food properly before you swallow it is very important. Even nutritious food can be bad for you if you eat it too quickly or eat too much of it. Always make time to sit down and relax when you eat your food. Eating good food can be lots of fun, especially if you take time to prepare and enjoy your meals.

*From Fun with food by Eleanor Parker, HBJ, 1992*



# Incredible India



This time, Amber made a perfect landing right in front of the Taj Mahal. Jeremy landed a few seconds later. Habbibi didn't even question his new form of transport. All he said was, 'This is very handy. One day I hope to be able to travel like this on my own.'

India has many beautiful buildings, but none are more famous than the Taj Mahal. The white marble building glistened in the sun.

'It's so beautiful!' gasped Amber.

Habbibi proudly explained the story behind it. 'It was built many centuries ago by an emperor named Shah Jahan. He was very rich and he loved his wife deeply. When she died he was heart-broken so he built this in her memory. It took 20 000 workers 21 years to build.'

*From SWAT: Incredible India by Lisa Thompson, Blake Education, 2000*

# POPPY'S PUNCH



FREE GIFT to you! When you buy a dozen bottles of Poppy's Punch, for just \$15, you get a free toy of your choice. Poppy's Punch is a special fruit punch. It is a rare mix of pineapples, strawberries, mint, watermelon, pawpaw and mango, as well as our own secret ingredient to make everyone glow with good health.

Poppy's Punch is all-natural with no preservatives and is great for the kids. Your free toy can be collected from Poppy himself. Hurry, because this offer won't last!

Try Poppy's Punch today; it will put the zip into everyone!



From *Art Today*, CD2 0081 LIF020

The parts of an advertisement are labelled A, B, C, D and E.



A

B

C

D

E

From *Art Today*, CD1 0044 LIF052



From *Art Today*, NGC 265D

# How to play hockey

The modern game of hockey is a fast and exciting game for both players and spectators. Each player uses a stick which has a flat side. The ball may only be hit with the flat side of the stick. The head of the stick is made of wood.



Games are played for two periods, each one lasting thirty-five minutes. Hockey requires many skills. Players must learn to use their sticks so that they can run with the ball (dribble), pass the ball from stick to stick with accuracy, dodge past other players, tackle opponents and take the ball from them. Every player needs to be in good physical condition.

There are 11 players in a hockey team. The idea of the game is to score more goals than the opposing side. A goal is scored by hitting the ball past the opposition and shooting it between the goal posts. Each goal is worth one point. Hockey is played on a grass field the same size as a football field or on a synthetic surface. There is also a version of indoor hockey with modified rules.

*From Sport in the making: a history of popular sport in Australia by Shane Power, HBJ, 1990*



# Achilles



From [www.jasharawan.com/images/blogimages/achilles.jpg](http://www.jasharawan.com/images/blogimages/achilles.jpg)

You may have heard the expression 'Achilles heel'. This is meant to be a small but fatal weakness that a person might have. We also talk about the Achilles tendon, which is fibrous cord that connects muscles in the calf of your leg to the heel bone. Both the saying and the medical term come from Achilles, who was a person in ancient Greek mythology. He was a famous Greek warrior.



From [www.tate.org.uk](http://www.tate.org.uk)

When he was born, the Gods told his mother that Achilles would die in battle. In order to protect him, she dipped her baby in the magic waters of a river that flowed from the underworld. Only the heel was untouched by the magic waters because this was the part of the body by which she held him and this was also the only part of his body that was vulnerable.

When the war against Troy began, Achilles joined the battle and set an example of bravery for the other Greek soldiers. Achilles even conquered Hector, the leader of the Trojan army. He became tired of fighting, however, and agreed to ask the Greeks to make peace when Hector's brother shot him with a poisoned arrow in the only vulnerable part of his body, the heel. This story is the beginning of the expression 'Achilles heel', which means a vulnerable or weak point that is fatal.

# Jabberwocky

by Lewis Carroll

'Twas brillig, and the slithy toves  
Did gyre and gimble in the wabe:  
All mimsy were the borogoves,  
And the mome raths outgrabe.

'Beware the Jabberwock, my son!  
The jaws that bite, the claws that catch!  
Beware the Jubjub bird, and shun  
The frumious Bandersnatch!

He took his vorpal sword in hand:  
Long time the manxome foe he sought—  
So rested he by the Tumtum tree,  
And stood awhile in thought.

And, as in uffish thought he stood,  
The Jabberwock, with eyes of flame,  
Came whiffling through the tulgey wood,  
And burbled as it came!

One, two! One, two! And through and through  
The vorpal blade went snicker-snack!  
He left it dead, and with its head  
He went galumphing back.

'And, has thou slain the Jabberwock?  
Come to my arms, my beamish boy!  
O frabjous day! Callooh! Callay!  
He chortled in his joy.

'Twas brillig, and the slithy toves  
Did gyre and gimble in the wabe;  
All mimsy were the borogoves,  
And the mome raths outgrabe.



From *Through the looking-glass and what Alice found there*, 1871

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# SAMPLE TEST

# **READING**

FIRST NAME \_\_\_\_\_

LAST NAME \_\_\_\_\_

CLASS \_\_\_\_\_

**0:50**

Time available for students to complete the Reading Test: 50 minutes

Use 2B or HB pencil **only.**



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# YEAR 5 READING

Read *Healthy food builds healthy bodies* on page 2 of the magazine and answer questions 1 to 5.

1 Why is healthy food important?

- Healthy food makes you stronger.
- Healthy food provides fibre and low sugar.
- Healthy food gives you a diet.

Fill in  
one  
circle.



2 Which foods are said to be low in sugar, salt or fat?

meat

poultry

salted butter

fresh fruit



3 What foods are included with cereals?

- fresh fruit
- meat, fish and poultry
- milk, cheese and yoghurt
- bread, rice and pasta

4 What does *occasionally* mean?

- once every now and then
- once every day
- at every meal
- once a year

5 When is nutritious food bad for you?

- when you chew it properly
- whenever you eat it
- when you eat it too quickly

# YEAR 5 READING

Read *Incredible India* on page 3 of the magazine and answer questions 6 to 9.

- 6** A good title for this passage would be
- Amber, Jeremy and Habbibi on their magical journey.
  - An Emperor Named Shah Jahan.
  - The Taj Mahal.
  - A Day in India.

Fill in  
one  
circle.



- 7** Who built the Taj Mahal?
- Habbibi
  - The Emperor Taj
  - Shah Jahan
  - Amber

- 8** How many years did it take to build?
- 20000 years
  - 176 years
  - 12 years
  - 21 years

- 9** Amber said, *'It's so beautiful!'* This is
- a statement.
  - a question.
  - an exclamation.
  - a comment.

# YEAR 5 READING

Read *Poppy's Punch* on page 4 of the magazine and answer questions 10 to 15.

- 10** On the line below, list the ingredients of Poppy's Punch.



- 11** In the text which word is most similar in meaning to *preservative*?

additive

demolish

ingredient

crush



- 12** On the lines below, give two reasons why Poppy's Punch is good value.



- 13** What is the free gift?

- a dozen bottles of Poppy's Punch
- a toy
- Poppy
- a secret ingredient

- 14** Why is it necessary to hurry to buy Poppy's Punch?

- The punch does not last long.
- The punch will sell out.
- Poppy didn't make much.
- The offer will not last long.

# YEAR 5 READING

**15** What word is similar in meaning to *offer*?

deal

hint

trace

gentle

Fill in  
one  
circle.



Look at the picture on page 5 of the magazine and answer question 16.

**16** What type of illustration is this?

a book cover

a recruitment poster for army commandos

a poster announcing a sale

a movie poster

Read the advertisement on page 6 of the magazine and answer questions 17 and 18.

**17** Which section is likely to have a description of the product?

A

B

C

D

E

**18** Which word below rhymes with the word *SAIL* shown in section B of the advertisement?

soul

sold

sell

sale

# YEAR 5 READING

Look at the illustration on page 7 of the magazine and answer question 19.

**19** What is the purpose of this illustration?

- for information
- for advertising
- for entertainment
- only for children

Fill in  
one  
circle.



Read *How to play hockey* on page 8 of the magazine and answer questions 20 to 25.

**20** How many players are there in a hockey team?

35

22

11

7

**21** What is the idea of the game of hockey?

Write your answer on the lines.



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**22** Why does hockey require many skills?

- It is a fast and exciting game that is played on a grass field.
- It is played on a grass field and players need to get the ball.
- There are 11 players on a team and they play on a grass field.
- Players need to get the ball past the opposition and shoot it in between the goal posts.



# YEAR 5 READING

**23** Which word means the same as *synthetic*?

artificial

existing

authentic

definite

Fill in  
one  
circle.



**24** Which sentence is wrong?

- Each period is 35 minutes long.
- A goal in hockey is worth one point.
- The ball is never hit with the flat side of the stick.
- The head of the hockey stick is made of wood.

**25** What does the word *modified* mean?

changed

optional

extra

separate

**Read *Achilles* on page 9 of the magazine and answer questions 26 to 29.**

**26** What is meant by the saying *Achilles heel*?

- It is meant to be part of a person's leg.
- It is meant to be a person's weak point.
- It is meant to be an ancient story.

**27** Why is the heel the only vulnerable part of Achilles?

- It is the only part of his body that was not dipped into the water.
- It is the only part of his body that was struck by the poison arrow.
- It is the only part of his body that was unprotected by armour.

# YEAR 5 READING

**28** In which battle did Achilles fight?

- Achilles fought in the battle against the Gods.
- Achilles fought in the battle against the Greeks.
- Achilles fought in the battle against Troy.

Fill in  
one  
circle.



**29** Who shot Achilles with a poisoned arrow?

- Trojan soldiers
- Greeks
- Hector's brother
- Hector

Read *Jabberwocky* on page 10 of the magazine and answer questions 30 to 39.

**30** How would you describe this writing?

Write your answer on the lines.



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**31** A *portmanteau* word is used generally to mean a mixture or blending of words. Which words below are possibly *portmanteau* words? There may be more than one answer.

- beware
- slithy
- sought
- mimsy
- slain
- fumious
- frabjous

# YEAR 5 READING

Below there are some meanings of words. Each meaning has a letter.

- A** a grass plot
- B** a sword
- C** four o'clock in the afternoon
- D** to go round and round
- E** green pigs
- F** a state of mind
- G** thick, dense, dark

Here are four words. Match these words with their meanings as shown. Next to each word write the letter of the correct meaning.

32 \_\_\_\_\_ *brillig*

33 \_\_\_\_\_ *gyre*

34 \_\_\_\_\_ *wabe*

35 \_\_\_\_\_ *raths*

36 The poem appeared in the book *Through the looking glass*. What might Alice have said when she heard the poem?

- 'Poor, poor, me! I have been made to do lessons.'
- 'I have been forced to inflict pain on others.'
- 'It seems to fill my head with ideas.'

# YEAR 5 READING

**37** What does the poem represent?

- a place beyond our world
- a true story
- a world of ghosts
- a myth of heroism

Fill in  
one  
circle.



**38** Who is narrating the poem?

- The Jabberwock is narrating the poem.
- The son is narrating the poem.
- The beamish boy is narrating the poem.
- An adult is narrating the poem.

**39** What emotion is shown with the words 'O frabjous day! Callooh! Callay!'?

- anxiety
- bravery
- joy

**END OF TEST**

# Excel Test Zone

## Year 5 NAPLAN\*-style Sample Test

### READING ANSWERS

1. Healthy food makes you stronger.
2. fresh fruit
3. bread, rice and pasta
4. once every now and then
5. when you eat it too quickly
6. The Taj Mahal.
7. Shah Jahan
8. 21 years
9. an exclamation.
10. Pineapples, strawberries, mint, watermelon, pawpaw, mango and a secret ingredient
11. additive
12. It is good for our health; you get 12 bottles for \$15; and you get a free gift.
13. a toy
14. The offer will not last long.
15. deal
16. a movie poster
17. D
18. sale
19. for advertising
20. 11
21. to score more goals than the opposing side
22. Players need to get the ball past the opposition and shoot it in between the goal posts.
23. artificial
24. The ball is never hit with the flat side of the stick.
25. changed
26. It is meant to be a person's weak point.
27. It is the only part of his body that was not dipped into the water.
28. Achilles fought in the battle against Troy.
29. Hector's brother
30. It is a nonsense poem.
31. slithy; mimsy; fumious; frabjous
32. *brillig*—C (four o'clock in the afternoon)
33. *gyre*—D (to go round and round)
34. *wabe*—A (a grass plot)
35. *raths*—E (green pigs)
36. 'It seems to fill my head with ideas.'
37. a myth of heroism
38. An adult is narrating the poem.
39. joy